

Our consultants and coaches

Lizzie Pawsey



Lizzie Pawsey Executive Coach

Lizzie is an experienced business leader and a qualified executive coach. She thrives on ensuring senior managers overcome any obstacles to reaching their full potential. Before becoming a coach, Lizzie worked for 20 years in several FTSE 250 companies in senior marketing and HR roles. Her coaching approach is therefore grounded in the commercial world - she understands the challenges of working in large organisations, of managing a team of people and delivering against a business plan.

As a coach, Lizzie encourages clients to expand their thinking, deepen their awareness and create positive change to deliver tangible benefits to both themselves and their organisation. She is an impartial 'sounding board', providing clients with supportive challenge to meet their goals.

Experience

Lizzie has coached managers across a broad range of areas including building effective relationships with key stakeholders, developing leadership style and managing career/role transition. She has experience in a variety of industries including luxury goods, financial services, retail and transport.

Recent involvements include:

- Coaching a senior manager from the transport sector to enhance their leadership and team development capability
- Coaching a manager from the financial services sector to improve their personal impact and improve relationships with key stakeholders at executive level
- Coaching a senior manager from the luxury drinks sector to support them in creating a clear vision and plan for their career and personal development.
- Coaching a manager from professional services to improve their personal impact and confidence.

Education and training

Lizzie has an honours degree in Business Studies. Further qualifications and training she is able to draw on include:

- Post-graduate diploma in advanced executive coaching and Accredited Professional Executive Coach with the Academy of Executive Coaching
- Accredited user of the OPQ 32 and executive coaching 360° tools
- Practitioner training in Managed Change™ (LaMarsh & Associates)
- Advanced certificate in Wine Spirits (WSET)

Working with Lizzie

Clients have reported Lizzie's style as professional, warm and supportive, combined with appropriate challenge and tenacity. Their experience is that this creates a strong and trusting relationship that achieves results.

"Perceptive and effective questioning, a structured approach to programme and sessions. Lizzie is focussed on helping the coachee develop their own effective solutions. Lizzie's coaching benefited me professionally and personally".



To explore how Lizzie can help with your change challenges, in the first instance contact our main office:

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