

Our consultants and coaches

Julie Allan



Julie Allan Chartered and Registered Psychologist and Founding Partner

With abiding interests in communication, creativity and human endeavour, Julie changed her career in the mid 90s, moving from writing and magazine publishing towards individual potential development. Gaining a gestalt psychotherapy foundation and an Occupational Psychology Masters, she became a chartered psychologist in 1996. She has successfully combined her creative and business background with her psychological training to enable sustainable growth and transition in people and their organisations. She makes a difference for those who want to make a difference through their work/life.

Experience

Julie has first-hand experience of time-pressured, quality-oriented and creative environments. She has significant consultancy and coaching experience in profit and not-for-profit sectors including manufacturing, law, financial services, consumer goods, social services, pharmaceuticals, media and Government.

Recent involvements include:

- Senior management coaching within a government department to enable a range of key individuals to support radical change
- Board director coaching resulting in enhanced contribution and personal growth
- Appreciative enquiry based evaluation and creating a story-based approach to support service delivery by the children's centres in a London borough
- Managed Change™ training for senior operational broadcast managers resulting in increased capacity in the presence of constant change

Julie's ongoing attention to leading edge practice has included contributing to the complexity programme at the London School of Economics and speaking/ masterclasses on stories and narratives, personal development, change management and corporate wisdom, including for the Society for Organisational Learning and CASS Business School.

Currently researching corporate wisdom, Julie's publications include:

The Power of the Tale: Using Narratives for Organizational Success (John Wiley 2002) and Gestalt Coaching in *The Handbook of Coaching Psychology* (Routledge 2008)

Education and training

Julie has first and higher degrees from the Universities of Stirling and Nottingham. Further qualifications she is able to draw on include:

- Foundation training in gestalt psychotherapy
- Occupational Psychology Masters and Chartership (psychology applied in workplaces)
- Personal construct psychology certification
- Storytelling, narratives and metaphor
- Psychometric certification by the British Psychological Society, and individual instruments including MBTI, Hogans and the Leadership Development Framework
- Master of Managed Change™ (LaMarsh & Associates)

Julie is a certified supervisor of coaches and consultants and an APECS accredited executive coach.

Working with Julie

Julie is appreciated by clients for her intellectual and practical curiosity, her pragmatic impact and her capacity to take a whole-system approach. Her work at enterprise level is characterised by creating rigorous attention to simple processes, key relationships and systems thinking; her work with individual leaders or core teams is characterised by a gently fierce dedication to bringing out the best in the best.



To talk with Julie about your change challenges, contact her directly:

T +44 (0)1832 732 554
julie@irvingallan.com

K Judge © LaMarsh & Associates, Inc. Managed Change is a registered trademark of LaMarsh & Associates, Inc